



Mount Sinai to Cathedral Pines



Mt Sinai Shopping Center – Rt-347 & Crystal Brook Hollow Rd.

This Ride Is: Flat Rolling Hilly

TURN	On	At ≈ mi	For mi
R	Rt-347	0.00	0.88
R	Chestnut St	0.88	1.27
TL	Canal Rd	2.15	1.74
TR	Coram Mt Sinai Rd	3.89	0.33
L	Whiskey Rd	4.22	0.62
R	Miller Pl - Middle Island Rd	4.84	0.43
L	Mill Lot	5.27	0.22
TLR	Evergreen at Oakcrest	5.49	0.47
BL	Church Ln (lake on Rt)	5.96	0.86
TL	Rt-25 → Use Caution! ←	6.82	0.21
R	E Bartlett Rd	7.03	0.49
BL	E Bartlett at W Bartlett	7.52	1.06

Legend

R - Right Turn	T - End Of Road
L - Left Turn	S - Straight

Rules Of The Road

- Stop for all red lights.
- Ride single file. If someone calls "Car Back", ride as far to the right as possible. Use your mirror!
- Do Not Block Turn Lanes or Intersections.
- Ride predictably. Signal for turns, slowing or stopping.
- Announce yourself when passing.
- Remember: Sharing the road applies to cyclists as well as to motorists. The way we behave as a group is a reflection on all cyclists.

TURN	On	At ≈ mi	For mi
L	E Bartlett at Ashton	8.58	0.52
L	CR-21	9.10	0.17
L	Into Park		
L	CR-21 Out Of Park	9.27	1.39
S	CR-21 @ Rt-25	10.66	0.68
	Deli Stop		
R	CR-21 Out of Deli	11.34	1.13
L	Whiskey Rd	12.47	0.89
R	Miller Pl - Yaphank Rd	13.36	2.81
L	Miller Pl Rd	16.17	2.15
R	Canal Rd	18.32	2.42
R	Crystal Brook Hollow Rd	20.74	0.90
	Mt Sinai Shopping Center	21.64	
	☺ End Of Ride ☺		



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4/12/03 - Original. Done for Dick Cunningham & Linda Kirk