



Suffolk Bicycle Riders' Association RONKONKOMA RR 60 mile Training Ride

L	RAILROAD	0.0
L	POND @light	0.5
L	EASTON	0.6
R	at parking lot	1.1
TL	RAILROAD	1.3
R	LINCOLN	2.5
L	FURROWS	2.9
L	BLUE POINT	5.6
R	LI AVENUE @light	5.8
X	NORTH OCEAN	6.6
L	OLD MEDFORD @4way stop	7.1
R	GRANNY @light	8.5
X	RT 112 (pit stop)	9.6
R	MILL @light	10.9
BL	SILLS @light...bottom of hill	13.0
BL	MIDDLE IS /YAPHANK @light	13.2
X	ROUTE 25 (deli just south of light)	16.3
S	ROCKY POINT	
BL	MILLER PL/ YAPHANK	17.3
R	WHISKEY @light	
X	ROCKY POINT	19.0
L	RANDALL	22.2
X	ROUTE 25A	24.6
S	RANDALL RD	
R	NORTH COUNTRY	24.7
BR	N. COUNTRY @stop past duck ponds	27.7
BR	N. COUNTRY (past firehouse)	
L	REMSEN (@ church)	28.1
	(take remesen to the end, bl remsen)	

TR	N WADING RIVER (little flower)	29.2
R	HULSE LANDING ROAD	30.8
R	SOUND(@light)	31.9
BR	ROUTE 25A	32.9
	(deli stop across from McDonalds)	
	exit deli	
S	WADING RIVER	34.0
X	ROUTE 25	36.1
R	NORTH @stop sign church on corner	39.2
R	NORTH @south, weeks, north	41.1
R	MORICHES YAPHANK @light	43.3
X	WM FLOYD	44.3

S	MORICHES YAPHANK/MAIN	
	Possible Deli stop @ Nibbles	
	across from firehouse	
TL	MIDDLE IS/ YAPHANK	47.1
BL	SILLS (@ light & Mill)	47.4
R	LIE SERVICE ROAD (hill)	48.2
L	BELLPORT @light	49.2
R	LI AVE	49.6
X	RT 112, NORTH OCEAN	51.8
X	PATCHOGUE HOLBROOK	56.1
S	UNION	
L	MILL (at traffic light)	57.2
BR	RAILROAD AVE	57.4
L	parking lot the car!	57.8