

**STONY BROOK TO MANORVILLE
(52 MILES)**

SECTION 1

Turn		at	for
L	Onto Route 25A East	0.0	0.3
R	Nicolls Rd	0.3	0.1
L	Lower Sheep Pasture Rd	0.4	2.4
JLR	At Old Town Rd	2.8	0.0
S	Sheep Pasture Rd	2.8	1.6
S	North Country Rd @ Rt 112	4.4	4.0
L	Lower Rocky Pt Rd (at pond)	8.4	2.4
BR	N. Rocky Pt Landing Rd	10.8	1.1
R	Hallock Landing Rd @ light	11.9	0.6
L	Route 25A	12.5	0.2
BR	Route 25A (Bypass)	12.7	5.4

SECTION 2

Turn		at	for
R	Wading River-Manorville Rd	18.1	2.0
X	Route 25	20.1	0.0
S	Wading River-Manorville Rd	20.1	1.3
L	Wading River-Manorville Rd	21.4	1.5
R	David Terry St	22.9	0.3
R	North/Mill	23.2	0.3
L	Ryerson Av (cross tracks)	23.5	0.2
L	At Post Office (CR 111)	23.7	0.6
R	Into Shopping Center	24.3	0.0
	Lunch at Bagel Shop	24.3	0.0

SECTION 3

Turn		at	for
R	Chapman Blvd	24.3	1.3
R	South St	25.6	3.0
S	North St (at Weeks)	28.6	2.1
R	Moriches-Middle Is Rd	30.7	3.6
TR	Yaphank-Mid-Is Rd CR21	34.3	3.0
X	Route 25	37.3	0.0
S	Yaphank-Mid-Is Rd CR21	37.3	1.0
BL	Miller Place-Yaphank Rd	38.3	0.8
L	Whiskey Rd	39.1	1.8
R	Canal Rd (follow cemetery)	40.9	0.3
BR	Miller Place-Middle Is. Rd	41.2	0.6

SECTION 4

Turn		at	for
BL	Mt Sinai-Coram Rd	41.8	2.2
X	Route 25A	44.0	0.0
S	Mt Sinai-Coram Rd	44.0	0.7
L	North Country Rd	44.7	2.4
S	Sheep Pasture Rd	47.1	1.7
JLR	At Old Town Rd	48.8	0.0
S	Sheep Pasture Rd	48.8	1.5
R	Bennets Rd	50.3	0.7
L	Route 25A	51.0	0.7
R	Into Parking Lot	51.7	0.0
	End of Ride		

Please observe the following:

- Ride single file in traffic.
- Stop for ALL red lights.
- Pass only on the LEFT.
- Don't overlap wheels with other riders.
- Ride predictably; signal your intentions.